



CLAREMONT FAN COURT SCHOOL

Faith: March 2025



Self-Confidence -
Trust -
Hope-
Optimism

I can trust others. I want the best for others and I trust that they want the best for me.

I need to look for the good in others and in myself

I trust myself. 'I can do difficult things.'



Things to try...

I can build trust by being consistent with others.

I can build confidence and resilience by taking risks.

I tell myself that I am okay as I am.

BIG QUESTIONS:

What do you remember doing that was difficult?

What is good about taking a risk?

Is it more important to have faith in yourself or faith in others?